

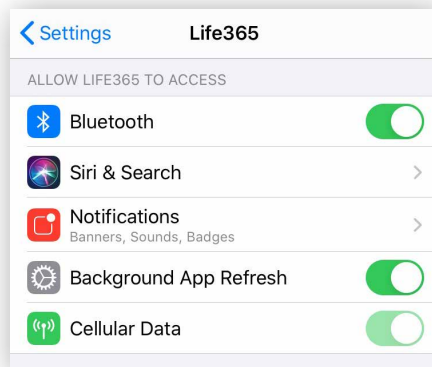


# Using the Life365 Health App with the Zewa Weight Scale

Once the Life365 Health app is installed, **make sure the Bluetooth settings on your smart device are enabled** by completing the following steps:

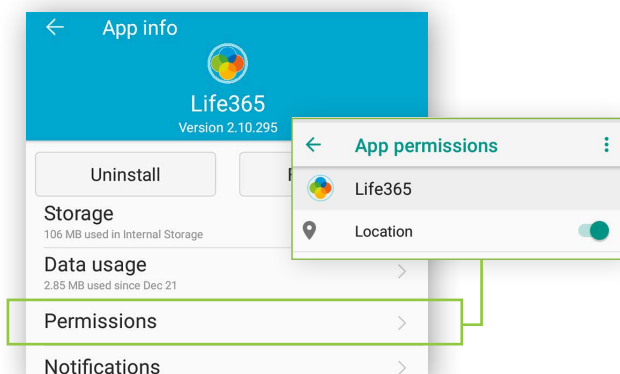
## For Apple iOS

1. Access iOS Settings.
2. Search for the app **Life365** and select when found.
3. For Bluetooth, enable the toggle button.



## For Android

1. Access Android Settings.
2. Select Apps & Notifications.
3. Search for the app **Life365** and select when found.
4. Select the option Permissions.
5. Allow any / all App permissions available.



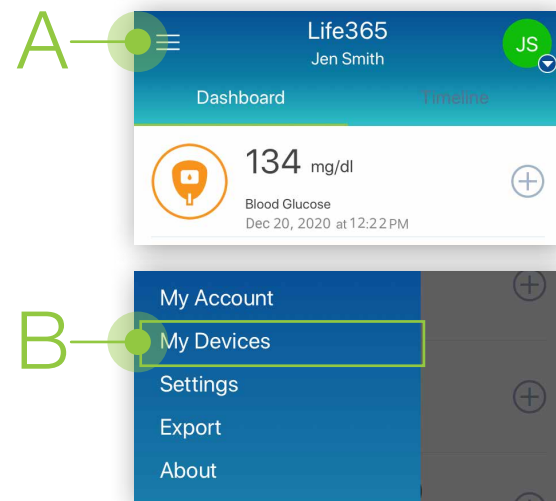
**When complete – your device is ready to pair.**

## Pairing the Life365 Health App to your device

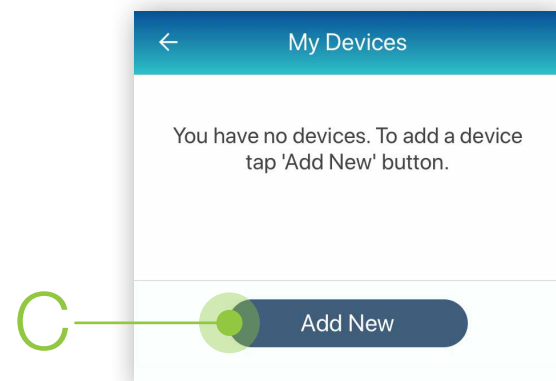
After account setup, the app will open to your main Dashboard. Refer to the Life365 Health App User Manual for account set-up instructions.

- 1 Tap the **Hamburger Menu**, located in the upper left of the app screen **(A)**.

In the menu list, select **My Devices (B)**.



- 2 In My Devices, select the button **Add New**. The app will search for the Bluetooth device **(C)**.



**Make sure the Bluetooth device is located near the smart device.**

## Pairing the Life365 Health App to your device (continued)

- 3 To pair, press and hold the **UNIT** button, located on the back of the weight scale, for 3-4 seconds until alternating squares appear on the weight scale screen.



- 4 Allow a few moments for the app to find the weight scale.

Once found in the app, select the Bluetooth device **name** on the app screen (D).



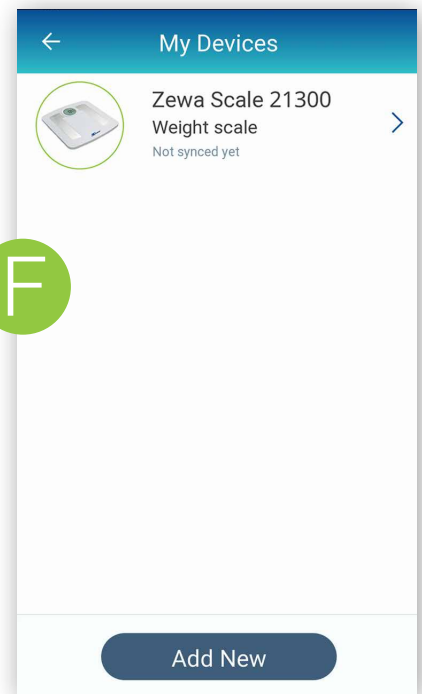
D

- 5 Select the button **Add to My Devices** (E).



E

- 5.1 The app will return to the **My Devices** screen.  
The new Bluetooth device will now be listed (F).



F

- 6 To complete pairing, take a weight reading.

## Using the Life365 Health App: Taking a reading with your device

- 7 Take a measurement reading with the weight scale.

Allow a few moments for the measurement reading to sync and record in the app.



- 8 Navigate to the main app Dashboard to review all measurement readings.



**You have successfully paired and taken a measurement reading!**

Visit: <https://www.life365.health/en/support/app> for instructions and other helpful resources.



Always follow manufacturer instructions for use, included with your Bluetooth device.