### Life365° health



# Using the Life365 Health App

### with the Zewa Pulse Oximeter

Once the Life365 Health app is installed, make sure the Bluetooth settings on your smart device are enabled by completing the following steps:

#### **For Apple iOS**

- 1. Access iOS Settings.
- 2. Search for the app Life365 and select when found.
- 3. For Bluetooth, enable the toggle button.



#### For Android

- 1. Access Android Settings.
- 2. Select Apps & Notifications.
- 3. Search for the app Life365 and select when found.
- 4. Select the option Permissions.
- 5. Allow any / all App permissions available.



When complete – your device is ready to pair.

#### Pairing the Life365 Health App to your device

After account setup, the app will open to your main Dashboard. Refer to the Life365 Health App User Manual for account set-up instructions.



Tap the Hamburger Menu, located in the upper left of the app screen (A).

In the menu list, select My Devices (B).



In My Devices, select the button Add New. The app will search for the Bluetooth device (C).

← My Devices
You have no devices. To add a device tap 'Add New' button.
 Add New

Make sure the Bluetooth device is located near the smart device.

#### Pairing the Life365 Health App to your device (continued)

**3** To pair, take a measurement reading.

Turn **ON** the pulse oximeter by pressing the **power button** (D).

Insert a finger into the pulse oximeter.



5 Select the button **Add to My Devices (F)**.

## Allow a few moments for the app to find the pulse oximeter.

Once found in the app, select the Bluetooth device **name** on the app screen (E).

÷	New Device	
0	One device found	
	Zewa Pulse Ox 21600	>



6 Allow a few moments for the measurement reading to sync and record in the app.

Navigate to the main app Dashboard to review all measurement readings.

#### Using the Life365 Health App: Taking a reading with your device

7 Take a measurement reading with the pulse oximeter. Turn **ON** the pulse oximeter by pressing the **power button (H)**.

Insert a finger into the pulse oximeter.

8



# Allow a few moments for the measurement reading to sync and record in the app.

Navigate to the main app Dashboard to review all measurement readings.



You have successfully paired and taken a measurement reading!

Visit: https://www.life365.health/en/support/app for instructions and other helpful resources.



Always follow manufacturer instructions for use, included with your Bluetooth device.