

Quickstart Guide

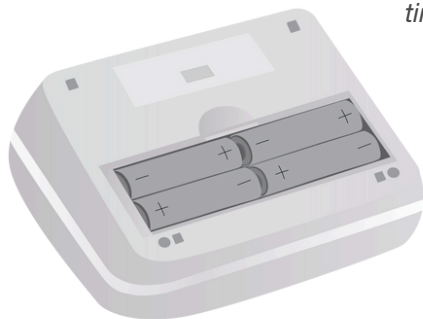
A&D Blood Pressure Monitor



Step ONE:

Insert batteries. Open the lid on the back of the blood pressure monitor and insert the batteries.

Note: Once the batteries are inserted, it may take several minutes for the monitor to connect with the cellular network to set the clock. The length of time will depend on the network strength in your area. Do not power off.



Network is Connected



Network is NOT Connected:

- Move closer to a window or an area with a stronger network connection. Wait and take another measurement.
- If monitor does not connect, contact support.

Step TWO:

Connect the cuff. Insert the air connector plug into the air socket firmly. This is located on the left side of the monitor (NOT the back AC adapter hole.)



For further assistance, please contact your care team.



Read the device manufacturer instructions for operation and safety before use.

Step THREE:

Fasten the cuff. Place cuff on left upper arm, and fasten securely (leave space for 2 fingers to slide underneath).

**Step FOUR:**

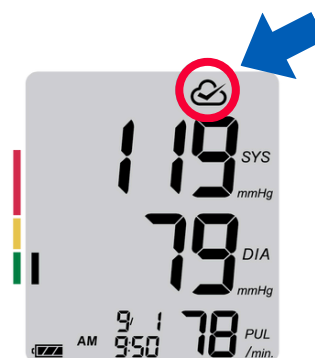
Proper Set-Up. Sit with legs uncrossed, and flat on floor. Position arm on table with the cuff level with your heart.

**Step FIVE:**

Take a reading. Press the Start button to take a reading. Remain still as the cuff inflates / deflates.

**Step SIX:**

Measurement is sent to your healthcare provider. A cloud with a check mark will appear on the screen when a measurement is sent.



For further assistance, please contact your care team.

Read the device manufacturer instructions for operation and safety before use.